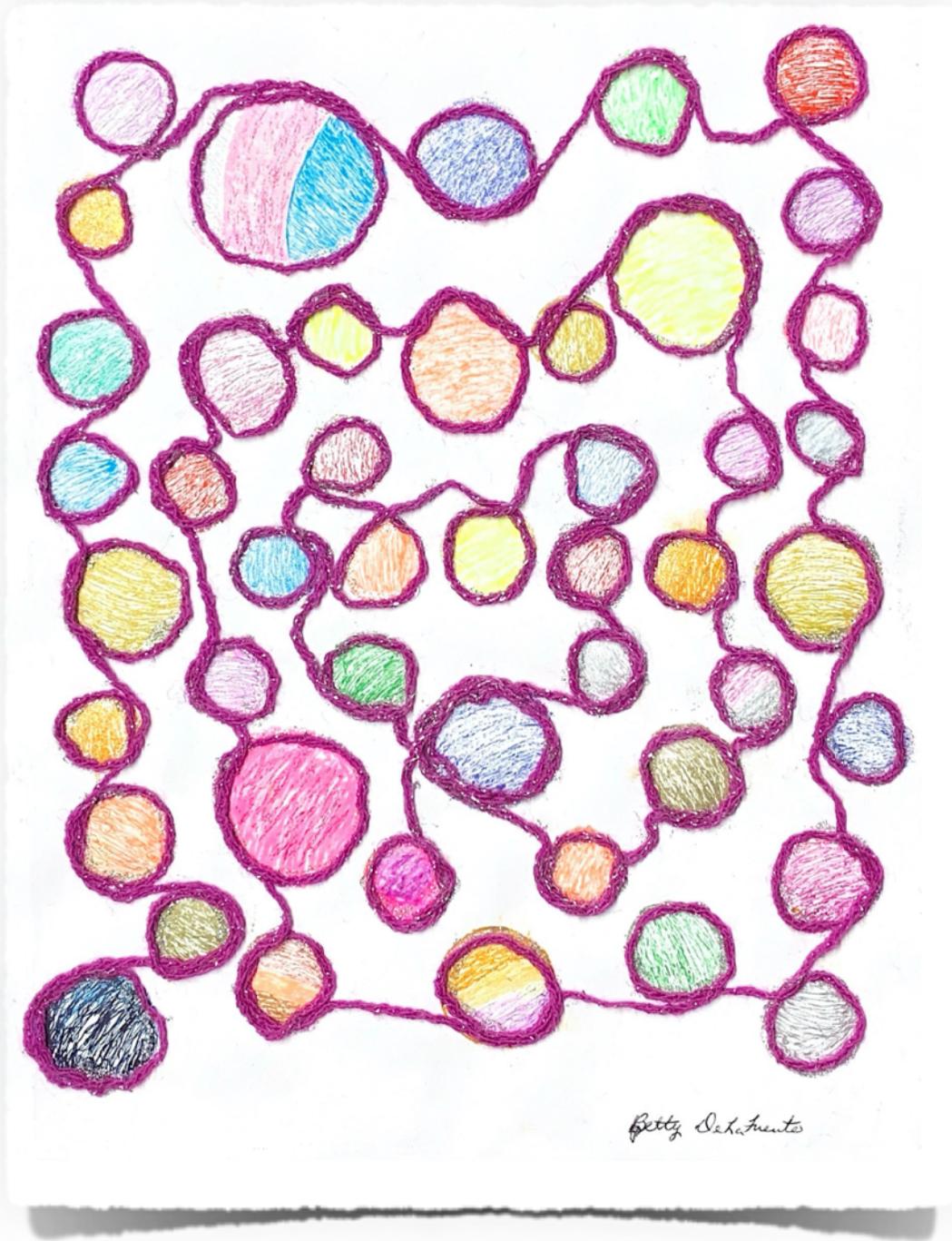


March 2020 Edition

HOUSTON LAKER



Love Garden by Betty DeLaFeunte. Part of the Web of Life - Interlacing Threads exhibit. Betty's artwork is on display in City Hall until Aug.



Betty Lou De La Fuente 10-15-1931 to 02-03-2020

Betty Lou De La Fuente, 88 of Houston Lake, Missouri passed away on Monday, February 3rd, 2020 after being admitted to the hospital on January 30th. Betty was born in Kansas City, Kansas on October 15th, 1931 and grew up in the heart of Kansas City, Missouri. She was the youngest child of Howard William Campbell and Josephine Steers.

Betty married Ricardo De La Fuente on October 9th, 1948; they loved to dance. Ricardo's 30 year tenure with Trans World Airlines provided opportunities for family trips all over the world. Throughout Betty's life she worked for Katz Drug Store, Rival Manufacturing, Midland Crystal, Variform Plastics and as a cook at Whitaker Cable.

They moved to Houston Lake, Missouri in August of 1960. Betty fell in love with the beauty and peacefulness of the lake and together, she and Ricardo knew that Houston Lake would be a wonderful community to raise their family.

Betty was full of stories of her wonderful life at Houston Lake. She said that she first met her neighbors because the house across the street caught on fire! The Houston Lake neighbors came together to help each other out in a time of crisis and stuck together throughout their lifetime because of those special moments they shared together.

Over the years Betty and Ricardo were always engaged in the Houston Lake community by helping with community projects or attending community events. Betty enjoyed attending fishing derbies and fish fries, 4th of July Fireworks and Bingo, bon fires, community garage sales, pancake breakfasts, and participating in the annual Houston Lake Art shows. Many events at Houston Lake surrounded Potlucks which Betty thoroughly enjoyed including the annual Pumpkin Festival, July 4th celebrations and Homes Association Potluck dinners/meetings at City Hall. Betty was a great cook and loved to share her recipes with the neighbors. One of her favorite dishes was Bacon-wrapped, Green Bean Bundles having shared the recipe in the Houston Lake Cookbook.

Betty and Ricardo were divorced in December of 1982. Betty and her friend Joe Elder connected later in life to form a dear friendship until his death in 1994.

Betty has a heart of gold and she would help anyone she could. She enjoyed cooking, gardening, crocheting, sewing, bird watching, bingo and art.

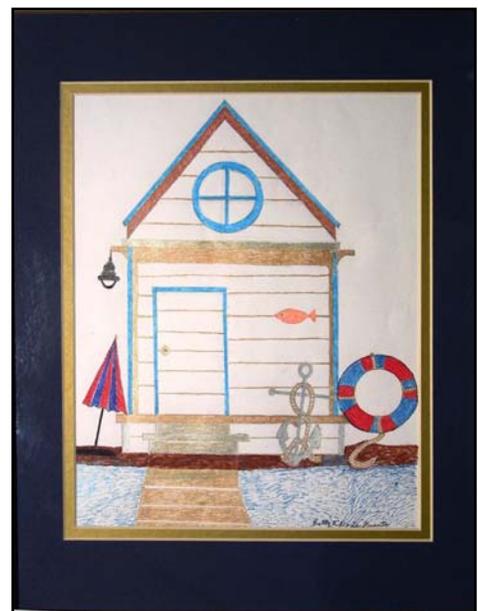
During one of Betty's hospital visits in her later years, she was gifted with an adult coloring book, gel pens and colored pencils. She loved to color the pictures and remarked that Art was her favorite subject from the time she was eight years old.

When the Houston Lake Arts Circle announced their first theme of the Art show in 2016, Betty took up Art and put everything into it just like she approached life.

Betty was preceded in death by her parents and son, Richard Billings who has two surviving children, Steven and Dennis. Other survivors include Betty's daughter, Betty Scott and three grandchildren – Andrea, Barbara and Mark, son Ricardo De La Fuente, daughter Sharron De La Fuente, son Edward De La Fuente and his wife Jennifer and Betty's sister, Katherine Hadley.

Betty was a wonderful mother, dear friend and a great neighbor to many. Due to the tremendous love and care of her daughter Sharon and son Rick, Betty was able to live out the last years of her life in her home with the community she loved.

~ She will be missed by all ~



Betty DeLaFuente: Our Own Grandma Moses?

An Artist Spotlight -By Wendy Thompson

When Betty DeLaFuente was a young girl, her favorite subject in school was art. She remembers, in particular, being fascinated with paper mache sculpture in the third grade. Her mother, however, had different ideas on how she should spend her time, in other words, chores! So, little Betty did not pursue her interest in art for another seventy-plus years. Her life as an artist began at 84.

Most of us know Betty as one of our long-standing neighbors. She has lived here since 1961 and raised her family here. She has seen neighbors move in and move away again. Her kids grew up, life changed, and she went through a divorce. Then, in recent years, her health began to fail. It was during a hospital stay that her daughter, Sharron, gave her a coloring book to give her something to do and Betty discovered that she liked to spend time creatively. Not long after that, the Houston Lake Arts Circle held its inaugural Art Show. Betty thought she might like to enter that. Sharron said that it had to be an original drawing to be entered and her mother took that as a challenge. She wasn't sure she could do it, but by the time the next Art Show rolled around, she had two entries ready to submit—"Lighting the Way" and "Sailing the Ocean So Blue." Those entries were very well received. Her style is refreshing and pleasing, according to Linda Kramer, President of the Arts Circle.

Although Betty began this new chapter just to see if she could do it, she has found comfort and a sense of accomplishment in her art. Her studio is her kitchen table when she has quiet time with no interruptions and where she can look out the window to find her inspiration. She told me, "I like to draw animals and buildings and birds. And, Sharron encourages me to keep on drawing. I like to draw windmills." Creating a new piece brings happiness, enjoyment and the satisfaction of finishing a drawing that is as good as she wanted it to be.

When she is not drawing, Betty is writing a book about her life, one that includes memories of Houston Lake—of the kids playing baseball up on the ridge or sneaking off to Moore's Store to buy candy, of dance lessons in the basement of the house across the street, and of friendships with Gus Van Earp, Laura Cansler and Iris Arnold.

She feels her art has progressed significantly over the past two years. Her entries in this year's Art Show reflect that—"The Country School", drawn from a memory of a place in Bonner Springs, Kansas and now on display at City Hall; and "The Redhead", inspired by one of our feathered friends, which will be a part of the spring exhibit. Betty continues to draw and develop her art. Sharron continues to be her cheerleader. "This never would have happened if it weren't for the Arts Circle."

Since Betty came to art so late in life, it is easy to compare her to Grandma Moses. Both women began the process as a restorative during health problems and although Betty may not achieve the nationwide fame of Grandma Moses, she has certainly taken a place on the walls of our City Hall. In a way, you could say that Betty DeLaFuente is both one of our oldest artists and one of our newest.



"Windy" by Betty DeLaFuente

March 2020 Community Calendar Events

March 3rd - Recycling Day

March 8th - Who is ready to “Spring” forward? Daylight savings time begins at 2:00am. Remember to move your clocks forward 1 hour.



March 9th - City Council Meeting, 7:30pm, City Hall

March 10th - Presidential Preference Primary Election Day at Heartland Christian Church.

March 11th - Venetian Gardens Homes Association Meeting, 7:00pm, City Hall
Paid Members can pick up 2020 wristband at City Hall just before the meeting.

March 17th - Happy St. Patrick's Day!
A festive logo for St. Patrick's Day featuring a leprechaun, a harp, and the text "Happy St. Patrick's Day!" in green and red.

March 19th - Spring is here!
A colorful logo with the text "Spring is here!" in a pink, bubbly font, accompanied by a yellow butterfly and a pink butterfly.

March 31st - Recycling Day

April 7th - General Municipal Election Day at Heartland Christian Church.

Houston Lake Residents

Cast Your Official Ballot of the
“Presidential Preference Primary Election”
Tuesday, March 10th, 2020 at the
Heartland Christian Church



Voting place has been changed to Heartland Christian Church at 6120 NW Prairie View Road, Kansas City, Mo. 64151. Time 6:00a.m. to 7:00p.m. **Any Questions please call: Platte County Board of Election (816) 858-4400**

2020 Lake Wristband

If you would like your 2020 Lake Wristband please call Homes Association Treasurer Susan Hodges @ 816.786.2377. Wristbands are required to be worn on Homes Association property, such as the Beach, use of Shelters, Boating and Fishing.

Don't Forget Your Missouri Fishing License and a Houston Lake “2020 Wristband” when fishing.

NEW GRINDER PUMP NUMBER : We will no longer be using 816.663.0894 for our grinder pump emergencies. If you have a grinder pump alarm that goes off or a light that comes on, please call **816.629.8566**. Leave your name, number and address if your call is missed.

Arts Circle

Art, Life & Folks: Houston Lake Arts Circle

Annual Exhibit

This year's art theme is

Layers of the Lake

Exhibit opening August 8, 1:00 to 4:00 pm

Let's start creating!

Children's Workshop

June 6, 1:00 to 3:00 pm

Print making with foam and blocks from other materials using water based inks on paper.

Children will bring home a piece of their own creation.

Do you like getting the Houston Laker paper delivered to your house?

Call me 816-741-5639

Email me maryjewel40@gmail.com

Or put this questionnaire in the mail slot that is on the front door of City Hall, a simple yes or no will do.

Thank You Mary Head, Editor

Mary Head – Editor of the Houston Laker

Please put your address down if you vote yes, so we make sure you get the Houston Laker paper.

YES _____ **address optional** _____

NO _____ **address optional** _____

The Houston Laker Paper will be posted online = www.houstonlake.net

You name optional _____

Your Email optional _____

CITY OFFICIALS
CITY OF HOUSTON LAKE

Mayor = Pam Freese 816-726-4455
(mayor@houstonlake.net)

City Clerk = Megan Micek 816-741-0644
(cityclerk@houstonlake.net)

Sewer Grinder Pumps
Megan Micek 816-629-8566

City Collector = Jean Anderson
(taxcollector@houstonlake.net)

Alderman (Ward 2 No.), Mayor Pro-Tem
Chuck Stone 816-305-3196
(nw2-alderman@houstonlake.net)

Alderman (Ward 2 No.)
Phil Otte 816-741-5477
(nw1-alderman@houstonlake.net)

Alderwoman (Ward 1 So.)
Sarah Farcase
(sw1-alderman@houstonlake.net)

Alderman (Ward 1 So.)
Nick Jackalone 816-587-0028
(sw2-alderman@houstonlake.net)

Codes Enforcement Officer
Cathy Grove 913-701-7142
(codesenforcement@houstonlake.net)

Platte County Circuit Court Clerk
Kim Johnson = 816-858-2232

Platte County Sheriff
Non emergency 816-858-3521
For emergencies please call 911
Fire Dept. Dispatcher = 816-741-1191
Fire Dept. Admin. = 816-372-9024

City of Houston Lake City Hall = 816-741-0644

VENETIAN GARDENS
HOMES ASSOCIATION (HOA)

President = Kerry Hallowell
816-695-4100

Vice President = Jeffrey Lister
573-645-7393

Public Relations Officer = Jeffrey Lister
(hoacommunications@houstonlake.net)

Secretary /Treasurer/ Lake Tags = Susan Hodges
816-786-2377 (hodges.susan@outlook.com)

Board Member = Mary Head
816-741-5639 (maryjewel40@gmail.com)

Board Member = Teresa Olson
(teresaaolson@hotmail.com)

Registrar/Editor - Houston Laker = Mary Head
816-741-5639 (editor@houstonlake.net)

Water Quality Officer = Sharron DeLaFuentes

Dam/Watershed Officer

Aerator Maintenance

For more City and Homes Association Info
go to www.houstonlake.net

Homes Association Dues: was mailed Jan. 31, 2020. Annual dues are \$425.00 for a year, and they will become delinquent March 2, 2020. Past due amounts are charged a 10% penalty each year. Payments can be mailed to City Hall or delivered to City Hall. If mailed please mail it to Venetian Gardens Homes Association, 5417 NW Adrian, Houston Lake, Mo. 64151. If delivered, please put your payment in the HOA mailbox on the front porch of city hall. If you have any questions call Secretary/Treasurer Susan Hodges 816.786.2377 or email her at hodges.susan@outlook.com, Thank you

Our next Homes Association meeting will be March 11th, 7:00pm, City Hall, the HOA Bracelets will be handed out to the paid members just before the meeting.

City Council Meeting
January 13, 2020
City Hall – 5417 NW Adrian Houston Lake, MO 64151

The Council of the City of Houston Lake met in regular session on January 13, 2020 at 7:30pm at City Hall – 5417 NW Adrian Ave Houston Lake, MO 64151.

Opening Session: Mayor Freese called the meeting to order at 7:30pm

The following members were present: Alderman Jackalone, Alderman Sarah Farsace, Alderman Phil Otte, Alderman Chuck Stone, Mayor Pam Freese

Public Discussion – None

Minutes 12.09.19- Motion to approve minutes to 12.09.2019 and approve tonight's agenda made by Alderman Otte, Second by Alderman Stone. Yes: Otte, Stone, Jackalone, Farsace No: None
Motion carries.

Burning Permits – None

Building/Burn Permit –

LF – 5451 NW Venetian Building Permit –

1 – Remove and Rebuild Retaining Wall Permit – was approved via email vote on December 24th 2019 – due to warm weather, contractor was able to get out sooner than anticipated.

2 - Privacy Fence – Motion to approve the building permit made by Alderman Farsace, second by Alderman Stone. Yes: Stone, Otte, Farsace, Jackalone No: None
Motion Carries

Note: Please submit all applications for burn permit or building permit to City Hall 10 days prior to the meeting for consideration. Those applications not received 10 days prior to a meeting will not be considered until the following month's City Council Meeting. Applications can be deposited in the mailbox at the front of the building.

Treasures Report

Motion to accept treasures report for January 13, 2020 made by Alderman Stone, second by Alderman Otte.

Yes: Jackalone, Farsace, Stone, Otte

No: None

Motion carries

Collectors Report - City Collectors report is included with the official packet

County Collectors report is included with the official packet

Paybills – Resolution 01.13.2020

Motion to approve Resolution 01.13.2020 made by Alderman Stone, second by Alderman Otte
Yes: Stone, Otte, Jackalone, Farsace Motion carries

Emergency Management

Fire Department – Assistant Fire Chief Jeff Taylor – Report included with the official packet.

Sheriff's Department – Deputy was present, report is included with the official packet.

City Council Meeting
January 13, 2020
City Hall – 5417 NW Adrian Houston Lake, MO 64151

Codes Report – Report is included with the official packet, 3 violations reported. Will continue house number contacts – **pleasemake sure your house number is visible from the street so first responders can find you in the event of an emergency.**

Venetian Garden Homes Association Report –No meeting upcoming

Old Business

Replace City Hall Computer – Has been replaced and installed – however our current city hall printer will not install with new computer (or any updated system) City Clerk has contacted Copier Shop for quotes on new equipment.

Elections 2020- Candidate filing opens December 17 through January 21, 2020. Please contact the city clerk to obtain filing paperwork during that time frame.

New Business - None

Alderman Reports

Alderman Jackalone – No Report

Alderman Farsace – Can see Wagon Trail – loves seeing everyone out and about when it's nice. Please be mindful as you're driving our streets.

Alderman Otte – No Report

Alderman Stone –Barrier on Houston Lake Dr. is being moved – needs sign replaced to indicate bridge is out. Will make contact for a new sign.

Mayors Report

Addressing roads this year – will begin as it starts to warm up.

Adjournment -

Alderman Farsace motioned to adjourn the meeting. Alderman Stone second.
Yes: Jackalone, Stone, Otte, Farsace Motion Carries.

Meeting adjourned at 8:15:pm by Mayor Freese.

Next Meeting will be held Monday February 10, 2020 at 7:30pm

NEW GRINDER PUMP NUMBER: We will no longer be using 816.663.0894 for our grinder pump emergencies. If you have a grinder pump alarm that goes off or light that comes on, please call 816.629.8566. Leave your name, number and address if your call is missed.

PLATTE COUNTY BOARD OF ELECTION COMMISSIONERS

Stephen Foster, Commissioner
Bruce E. Kurr, Commissioner
Jared Welch, Attorney
Chris Hershey, Director



Edward P. Davis, Commissioner
Kurt Killen, Commissioner
Scott Campbell, Attorney
Wendy M. Flanigan, Director

2600 NW Prairie View Road P.O. Box 560 Platte City, MO 64079 816/858-4400 Fax 816/858-3387

Dear Voter;

The Platte County Board of Election Commissioners has voted to move the poll site for 4 Houston Lake and 37 Southeast to the Heartland Church of Christ, located at 6120 NW Prairie View Road, Kansas City, MO 64151. We are enclosing your new voter card reflecting this information.

This permanent change will be effective starting with the Presidential Preference Primary on March 10, 2020

In making this decision, the Board of Election Commissioners looked at several factors, including accessibility for physically disabled voters and available parking.

Please call the Board of Elections if you have questions about your new polling place.

Regards,

A handwritten signature in black ink, appearing to read "Chris Hershey".

Chris Hershey
Director

A handwritten signature in black ink, appearing to read "Wendy Flanigan".

Wendy Flanigan
Director

Encl.



VOTER REGISTRATION SITES PLATTE COUNTY, MISSOURI

Are You Registered to Vote? All residents of Houston Lake whether you are Owner or Renter can register and VOTE. You must be 18 years old or older to register. You can register at any of the sites below.

Houston Lake City Hall, 5417 NW Adrian, (816)741-0644 or
Registrar Mary Head (816)741-5639, call for an appointment.



Mid-Continent Public Libraries:

Boardwalk, 8600 N. Executive Hills Blvd, Kansas City: (816) 741-9011

Parkville, 8815 NW Hwy 45, Parkville: (816) 741-4721

Riverside, 2700 NW Vivion Rd, Riverside: (816) 741-6288

NOTE: In addition, Missouri Voter Registration Application postcards can be completed at any license bureau.

LAST DAY to request an absentee ballot for the March 10th, 2020, Presidential Preference Primary Election to be mailed to the voter is March 4th, 2020.

LAST DAY to Register to VOTE for the April 7th 2020 General Municipal Election is March 11th, 2016. The last day to request an absentee ballot to be mailed to the voter is April 1st, 2020.

UPCOMING ELECTIONS FOR 2020

March 10th 2020 Presidential Preference Primary Election Day at Heartland Christian Church

April 7th, 2020 General Municipal Election Day at Heartland Christian Church

Aug. 4th, 2020 Primary Election Day at Heartland Christian Church

Nov. 3rd, 2020 General Election Day at Heartland Christian Church

Any questions call: Platte County Board of Elections, 2600 NW Prairie View Road
P.O. Box 560, Platte City, Missouri 64079

Board of Election Phone number (816) 858-4400
or Mary Head (816) 741-5639

Please Note: The General Municipal Election Tuesday, April 7th, 2020 Sample Ballot will be posted on the houstonlake.net Web in the 2020 March issue. In the April 2020 issue of the Houston Laker paper, the sample ballots will be printed for the paper and also will be on the Web again in the 2020 April issue.

To apply for absentee ballot: print this application form, complete and mail to Platte County Board of Elections, PO Box 560, Platte City, MO 64079 or FAX to 816-858-3387

REQUEST FOR PLATTE COUNTY ABSENTEE BALLOT

I, _____, do hereby request an absentee ballot for the _____ Election.

For Identification purposes, the last four digits of my social security number are _____.
If the election is a primary election, please print the name of the political party ballot you wish to receive _____. If you registered by mail and this is your first time voting you must provide a copy of current valid photo identification or a copy of a current utility bill, bank statement, government check, paycheck, or government document that shows your name and address.

Reason for requesting an absentee ballot:

- _____ (1) Absence on Election Day from the jurisdiction of the election authority in which registered to voter;
- _____ (2) Incapacity or confinement due to illness or physical disability, including a person who is primarily responsible for the physical care of a person who is incapacitated or confined due to illness or disability;
- _____ (3) Religious belief or practice
- _____ (4) Employment as an election authority, as a member of an election authority, or by an election authority at a location other than your polling place;
- _____ (5) Incarceration, provided all qualifications for voting are retained
- _____ (6) certified participation in the address confidentiality program established under sections [589.660](#) to [589.681](#) because of safety concerns.

Current Residential Address:

Address where ballot is to be mailed, if different than above:

Daytime Telephone Number: _____

E-mail Address: _____

I do solemnly swear that all statements made on this application are true to the best of my knowledge and belief:

Signature of Voter

Date

Mail completed Absentee Ballot Application to **Platte County Board of Elections, PO Box 560, Platte City, MO 64079, or FAX to 816-858-3387**. All requests must be received by the Board of Election's office no later than 5:00 p.m., the Wednesday prior to election day.

Official Ballot

Presidential Preference Primary
Platte County, Missouri
Tuesday, March 10, 2020
Green

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Judges' Initials

1

Instructions

Completely fill in the target next to the response of your choice like this: 

NOTE: The ballot reading device in use is designed to only record votes cast as a filled in target. There can be no erasures, stray marks, check marks, or cross outs on the ballot. If you make an error marking the ballot, see an Election Judge to receive a replacement ballot.

For United States President

Vote For One

Howie Hawkins	<input type="checkbox"/>
Dario Hunter	<input type="checkbox"/>
David Rolde	<input type="checkbox"/>
UNCOMMITTED	<input type="checkbox"/>

SAMPLE



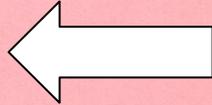
Official Ballot

Presidential Preference Primary
Platte County, Missouri
Tuesday, March 10, 2020
Constitution

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Judges' Initials

2



Instructions

Completely fill in the target next to the response of your choice like this: 

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For United States President

Vote For One

Don J. Grundmann	<input type="checkbox"/>
Don Blankenship	<input type="checkbox"/>
UNCOMMITTED	<input type="checkbox"/>

SAMPLE



Official Ballot

Presidential Preference Primary
Platte County, Missouri
Tuesday, March 10, 2020
Libertarian

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Judges' Initials

3

Instructions

Completely fill in the target next to the response of your choice like this: 

NOTE: The ballot reading device in use is designed to only record votes cast as a filled in target. There can be no erasures, stray marks, check marks, or cross outs on the ballot. If you make an error marking the ballot, see an Election Judge to receive a replacement ballot.

For United States President

Vote For One

Jacob Hornberger	<input type="checkbox"/>
UNCOMMITTED	<input type="checkbox"/>

SAMPLE



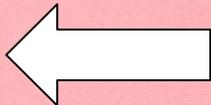
Official Ballot

Presidential Preference Primary
Platte County, Missouri
Tuesday, March 10, 2020
Democratic

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Judges' Initials

4



Instructions

Completely fill in the target next to the response of your choice like this:

NOTE: The ballot reading device in use is designed to only record votes cast as a filled in target. There can be no erasures, stray marks, check marks, or cross outs on the ballot. If you make an error marking the ballot, see an Election Judge to receive a replacement ballot.

For United States President

Vote For One

Amy Klobuchar	<input type="checkbox"/>
Tom Steyer	<input type="checkbox"/>
Tulsi Gabbard	<input type="checkbox"/>
Leonard J. Steinman II	<input type="checkbox"/>
Cory Booker	<input type="checkbox"/>
Joseph R. Biden	<input type="checkbox"/>
Elizabeth Warren	<input type="checkbox"/>
Pete Buttigieg	<input type="checkbox"/>
Bernie Sanders	<input type="checkbox"/>
Velma Steinman	<input type="checkbox"/>
Henry Hewes	<input type="checkbox"/>
Andrew Yang	<input type="checkbox"/>
Roque De La Fuente	<input type="checkbox"/>
John K. Delaney	<input type="checkbox"/>
Julian Castro	<input type="checkbox"/>
Deval Patrick	<input type="checkbox"/>
Marianne Williamson	<input type="checkbox"/>
Michael Bennet	<input type="checkbox"/>
Michael R. Bloomberg	<input type="checkbox"/>
Steve Burke	<input type="checkbox"/>
Robby Wells	<input type="checkbox"/>
William C. (Bill) Haas	<input type="checkbox"/>
UNCOMMITTED	<input type="checkbox"/>



Official Ballot

Presidential Preference Primary

Platte County, Missouri

Tuesday, March 10, 2020

Republican

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Judges' Initials

5

Instructions

Completely fill in the target next to the response of your choice like this:

NOTE: The ballot reading device in use is designed to only record votes cast as a filled in target. There can be no erasures, stray marks, check marks, or cross outs on the ballot. If you make an error marking the ballot, see an Election Judge to receive a replacement ballot.

For United States President

Vote For One

Donald J Trump	<input type="checkbox"/>
Bob Ely	<input type="checkbox"/>
Bill Weld	<input type="checkbox"/>
Joe Walsh	<input type="checkbox"/>
Matthew John Matern	<input type="checkbox"/>
UNCOMMITTED	<input type="checkbox"/>

SAMPLE

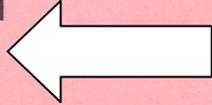


Official Ballot

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Judges' Initials

General Municipal Election
Platte County, Missouri
Tuesday, April 7, 2020



8

Instructions

Completely fill in the target next to the candidate or question response of your choice like this:

If you do not see the name of the candidate for whom you wish to vote, darken the target opposite the write-in line and print the name of the candidate on the write-in line provided.

If you are in favor of the question, completely fill in the target opposite "YES". If you are opposed to the question, completely fill in the target opposite "NO".

NOTE: The ballot reading device in use is designed to only record votes cast as a filled in target. There can be no erasures, stray marks, check marks, or cross outs on the ballot. If you make an error marking the ballot, see an Election Judge to receive a replacement ballot.

HOUSTON LAKE RESIDENTS

Cast Your Official Ballot of the
"General Municipal Election"
Tuesday, April 7th, 2020 at the

Heartland Christian Church

6120 NW Prairie View Road
Kansas City, Mo. 64151
Time 6:00am. To 7:00pm.

Any Questions please call:
Platte County Board of Election
(816)858-4400
or Mary Head (816)741-5639

If you live on
NW Edgewater Trail,
NW Edgewood Trail,
NW Edgewood Circle,
NW Wagon Trail,
NW Wagon Trail Circle or
NW Johnson Trail

You Vote from this page.

Parkville Benefit Assessment Special Road District

For Commissioner Vote For One

Gary Gulden	<input type="checkbox"/>
John Cookinham	<input type="checkbox"/>
	<input type="checkbox"/>
WRITE IN _____	

City of Houston Lake

For Alderman South Ward 1 Vote For One

Sarah Farsace	<input type="checkbox"/>
	<input type="checkbox"/>
WRITE IN _____	



Official Ballot

General Municipal Election
Platte County, Missouri
Tuesday, April 7, 2020

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Judges' Initials

7

Instructions

Completely fill in the target next to the candidate or question response of your choice like this:

If you do not see the name of the candidate for whom you wish to vote, darken the target opposite the write-in line and print the name of the candidate on the write-in line provided.

If you are in favor of the question, completely fill in the target opposite "YES". If you are opposed to the question, completely fill in the target opposite "NO".

NOTE: The ballot reading device in use is designed to only record votes cast as a filled in target. There can be no erasures, stray marks, check marks, or cross outs on the ballot. If you make an error marking the ballot, see an Election Judge to receive a replacement ballot.

HOUSTON LAKE RESIDENTS

Cast Your Official Ballot of the
"General Municipal Election"
Tuesday, April 7th, 2020 at the

Heartland Christian Church

6120 NW Prairie View Road
Kansas City, Mo. 64151

Time 6:00a.m. to 7:00p.m.

Any Questions please call:
Platte County Board of Election
(816) 858-4400
or Mary Head (816) 741-5639

If you live on
NW Houston Lake Drive,
NW Venetian Drive,
NW Venetian Circle,
NW Adrian or
NW 56th Street
You vote from this page.

Parkville Benefit Assessment Special
Road District

For Commissioner

Vote For One

Gary Gulden

John Cookinham

WRITE IN

City of Houston Lake

For Alderman North Ward 2

Vote For One

Chuck Stone

WRITE IN



Houston Lake Holistic Life

How is your New Year shaping up from the Wellness perspective? I will be pleased to assist you. Call for a free consultation. Discounts for Houston Lake residents.

Breathe Easier

A little congested and if you don't like taking meds that can cause side effects? These are suggestions you may have in your fridge that are effective. Try eating things with horseradish, hot peppers, wasabi or ginger. They all get your nose running without the side effects. Make sure to drink plenty of fluid to keep hydrated.

Stay Strong

Winter weather often slows our time outside. Make sure you get a little sunshine even on a cloudy day. If it's too cold or icy to walk outside. Enjoy the well lit and clean caves at Park University. Have you considered vitamin D3 supplements?

Vibra Pro

Call for a free 15 minutes session using The Vibra Pro. Excellent for arthritis, edema, reactivating injured nerves and weak muscles

Feeling like a cold is coming on? Miso is loaded with probiotics if you don't boil it. Warm enough you can still put your finger in without burning.

Silky Miso Soup - serves 4

6 cups water
1/2 cup white miso
1 cup cauliflower rice
1 clove garlic, minced
1 1/2 teaspoons sea salt
1/2 teaspoon fresh ground pepper
2 cups enoki mushrooms, cleaned and trimmed
1 teaspoon sesame oil
1/4 cup green onions, thinly sliced

Heat water until just warm. Lower heat. Add miso, cauliflower and garlic. Let steep at low temp about 30 minutes. Purée in blender until smooth. Add salt and pepper.

Use a heavy dry skillet on medium/high heat.

Add mushrooms and dry-sear until lightly browned 1-2 minutes. Drizzle oil to coat mushrooms evenly. Add 1/4 tsp. each of salt and pepper. Divide mushrooms into 4 bowls, sprinkle with green onions. Pour miso broth over them.

Your may get creative with garnishes. Broccoli flowerettes, toasted nori flakes?



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Happy St.
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Best wishes,
Marlene