

December 2019 Edition

HOUSTON LAKER



Stompin' Snow

Pastel Painting

By Jean Anderson



*Merry Christmas and
Best Wishes for the New Year
From all of us to all of you!!!*

*City of Houston Lake
Venetian Gardens Homes Association
Houston Lake Arts Circle
Houston Lake Community News*



Houston Laker

December 2019

Community Calendar Event News

Dec. 5th - Carols, Cookies & Cocoa with Santa, 7pm City Hall

Dec. 9th - City Council Meeting, 7:30pm City Hall

Dec. 10th - Recycling Day

Dec. 17th - Candidate Filing opens for the April 7th, 2020 General Municipal Election. Please contact City Clerk, 816.663.0894

Dec. 24th - Trash Pick-up

Dec. 25th - Merry Christmas



Dec. 31st 2019 - Trash Pick-up

Jan. 1st, 2020 -



Homes Association Dues:

The Homes Association dues statements will be mailed Jan. 31, 2020. Annual dues are \$425.00, and they will become delinquent March 1, 2020. Past due amounts are charged a 10% penalty each year. Payments can be mailed to City Hall or delivered to City Hall. If mailed please mail it to Venetian Gardens Homes Association, 5417 NW Adrian, Houston Lake, Mo. 64151. If delivered, please put your payment in the HOA mailbox on the front porch of city hall.

If you have any questions call Secretary/Treasurer Susan Hodges 816.786.2377 or email her at

hodges.susan@outlook.com, Thank you

There will be **NO** Venetian Gardens Homes Association meeting in December, January & February. The HOA Board members wish everyone a very Merry Christmas and Happy New Year 2020.

2018 Holiday Trash Pick-up Day

Christmas (Wednesday 12-25-19)

Trash Pickup day Tuesday 12-24-19

New Years (Wednesday 1-1-20)

Trash Pickup day Tuesday 12-31-19

2019 Recycle Schedule: December 10, 2019

Call to Artists

The Arts Circle is looking for Volunteer artists to create original covers or photos for the 2020 Laker issues. If you are interested, please email arts.circle@houstonlake.net or Mary Head @ editor@houstonlake.net. If you have any questions please call Mary @ 816-741-5639. Don't miss this opportunity to publish your artwork or photo! Volunteer today!



Houston Lake 62 page History Book & 2nd Edition Cookbook on sale.

*All the recipes in this cook book are from people here on the
Lake and they are used every day by local folks.*

*The History Book & Cookbook would make a wonderful
Christmas gift to someone special.*

*This is a one of a kind gift - history book & cookbooks are passed from
one generation to the next generation, and are forever treasured.*

Prices for the History Books & 2nd Edition Cookbooks are:



3 = books for \$10.00

2 = books for \$8.00

1 = book for \$5.00



*All the proceeds will go to the
Houston Lake Arts Circle.*

*To purchase your books please call President of the Houston Lake
Arts Circle Linda Kramer - 816.225.4110, Mary Head - 816.741.5639 or
email Mary at maryjewel40@gmail.com.*

Thank You & Happy Holidays



*Merry
Christmas*

The City of Houston Lake
invites you to ~

Carols, Cookies and Cocoa with Santa

Please bring your children and grandchildren
and join us at City Hall on Thursday
December 5th at 7pm for a fun family celebration
with Christmas Carols, Cookies and Cocoa
featuring our ***very own Santa.***

Followed by a holiday story by
Mayor Pam Freese.

NOTICE OF ELECTION AND CANDIDATE FILING

The City of Houston Lake, Missouri will hold an election,
Tuesday, April 7th, 2020 to elect the following offices:

One Alderman from Ward 1 (North) for two (2) year term.

One Alderman from Ward 2 (South) for two (2) year term.

**To be a candidate for one of these offices you must file with the City Clerk,
no earlier than Tuesday December 17, 2019, and no later than 5p.m.
Tuesday January 21st, 2020. The filing forms will be made available by contacting
City Clerk at 816.741.064**

UPCOMING ELECTIONS FOR 2020

March 10th 2020 Presidential Preference Primary Election at Wexford Place

April 7th, 2020 General Municipal Election Day at Wexford Place

Aug. 4th, 2020 Primary Election at Wexford Place

Nov. 3rd, 2020 General Election at Wexford Place

City Council Meeting
October 14, 2019
City Hall – 5417 NW Adrian Houston Lake, MO 64151

The Council of the City of Houston Lake met in regular session on October 14, 2019 at 7:31pm at City Hall – 5417 NW Adrian Ave Houston Lake, MO 64151.

Opening Session: Mayor Freese called the meeting to order at 7:30pm

The following members were present: Alderman Nick Jackalone, Alderman Sarah Farsace Alderman Phil Otte, Alderman Chuck Stone, and Mayor Pam Freese

Public Discussion –

Gwyneth Jones 5452 NW Venetian Dr – Tractor Trailer flipped on the side of the highway, traffic was being diverted into the Houston Lake area, including a large truck. Suggestion on signs to deter large trucks from entering our streets. 2 large dogs running in the neighborhood (Kansas City Limits) causing concern – if you have a concern you must file a complaint with Kansas City 311

Minutes 09.09.2019: Motion to approve minutes with edit to 09.09.2019 made by Alderman Otte, Second by Alderman Stone. Yes: Otte, Jackalone, Stone, Farsace No: None Motion carries.

Building /Burning Permits –

JB– 5315 NW Edgewood Circle

Motion to approve burn permit made by Alderman Otte, Second by Alderman Farsace

Yes: Stone, Otte, Jackalone, Farsace

No: None

Motion Carries, permit is approved

PO– 5509 NW Adrian Ave

Motion to approve made by Alderman Farsace, Second by Alderman Stone.

Yes: Stone, Jackalone, Farsace

No: None

Abstain: Alderman Otte

Motion Carries, permit is approved

Building Permit –

Note: Please submit all applications for burn permit or building permit to City Hall 10 days prior to the meeting for consideration. Those applications not received 10 days prior to a meeting will not be considered until the following months City Council Meeting. Applications can be deposited in the mailbox at the front of the building.

Treasures Report : Motion to accept treasures report for September 9, 2019 made by Alderman Stone, second by Alderman Farsace. Yes:Otte, Farsace, Stone, Jackalone No: None Motion carries

Collectors Report: City Collectors report is included with the official packet
County Collectors report is not included with the official packet

Paybills – Resolution 10.14.19

Motion to approve Resolution 10.14.19 made by AldermanStone, second by AldermanFarsace
Yes:Otte, Jackalone, Stone, Farsace Motion carries

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Emergency Management

Fire Department – Assistant Fire Chief Jeff Taylor –Report is included with the packet

Hazardous Mitigations Plan – Completed 9-21-2019 with Mayor and City Clerk. Has been approved and accepted by MARC

Police Department – Report included in official packet, a representative from the department was present.

Shared that if a dog has wandered into the city limits and is causing concern – citizen may contact Platte County Sheriff. Also reported that the semi that came through the city would have completed a report for the damage and their company was responsible for the damage.

Asked city to clear trees from speed limit sign entering the city – Al Horriner will clear

Codes Report – Codes officer was excused; report is included in the official packet.

Venetian Garden Homes Association Report –Meeting Wednesday October 16th at 7pm. Voting on Board Members, Budget and Dues

Old Business: None

New Business: None

Alderman Reports

Alderman Jackalone – None

Alderman Farsace – Thank you to Alderman Stone for fixing the bridge, she was very excited to see it.

Alderman Otte – Thank you to all those involved in the Pumpkin Festival. Thank you to Jeff, Mayor and Clerk for the MARC Mitigation Plan completion.

- City has been purchasing checks through the bank, we can save money by purchasing them through a different vendor. We will be making this change.
- When MGE changed to Spire, they stopped collecting franchise fee.
 - 2016/17 Fiscal year – we collected \$7,600 in franchise fees.
 - 2017/18 - \$3,381 in franchise when it switched to Spire
 - 2018/19 - \$0 in franchise fees were collected
- Suggest a notice in the Houston Laker to suggest residents check their bills and see if they reflect Houston Lake, not Kansas City in their billing address and that we are collecting the franchise fee for our city.
- Will need ordinance for KCP&L name change to Evergy
- Property that has sold – contractor has purchased it. Mayor has spoken with the contractor.
- Building without a permit – if replacing an existing feature on your home (roof, siding, etc) can be done without a permit.
 - o Would like to give Cathy authority to cite/contact residents who are building without a permit.

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- Grinder Pumps and Sewer Lines – If going from septic tank to attach to the sewer line on a grinder pump, first a building permit must be filled out and fees paid.
 - o Grinder maintenance fee – in addition to sewer fee, grinder pump purchase, hook-up is on the homeowner. City needs an easement on the property to work on the grinder pump. Will be looking into this.

Alderman Stone –

- Arranged for Brush Pickup – assuming it all went okay, has had no calls regarding it.
- Bridge – at last meeting he was looking at getting a certain bolt, decided to purchase one that was less per unit, but stayed within his budget with a few extra bolts purchased. Working on a few more rotting boards.
- Grinder Pump – went to Platte County – checked to be sure we have an easement on properties with the grinder pumps.

Mayors Report

- Thank you to those that threw the Pumpkin Festival – it was a great success!
- Christmas Cookies, Cocoa and Carols with Santa Thursday December 5th
- Thank you to Moms Demand Action for being here at the Pumpkin Festival – giving information out on gun safety.
- Thank for the Lake Clean Up

Adjournment -

Alderman Stone motioned to adjourn the meeting. Alderman Farsace second.
Yes: Jackalone, Otte, Stone, Farsace

Motion Carries.

Meeting adjourned at 8:21pm by Mayor Freese.

Next Meeting will be held Monday November 11, 2019 at 7:30pm

MISSOURI VOTER REGISTRATION APPLICATION

Use this application to:

1. Register to vote in any election in Missouri.
2. Register to vote when you move from one jurisdiction (St. Louis City, Kansas City, or any county) to another jurisdiction (St. Louis City, Kansas City, or any county) within Missouri.
3. Change the address on a current voter registration when you move within a jurisdiction.
4. Change the name on a current voter registration.

Other information:

1. You must be 18 years of age by the day of a particular election to be eligible to vote in that election.
2. If mailed, this form must be postmarked by the 4th Wednesday preceding an election to be eligible to vote in that election. If delivered in person, it must be received in the office of the election authority by the 4th Wednesday preceding an election. (See reverse for election calendar.)
3. Submitting this application to an individual other than the election authority does not insure timely voter registration.
4. After the election authority receives your voter registration application, you will be sent confirmation within 7 business days. If you do not receive confirmation, contact the election authority.
5. If you wish to serve as an election judge on election day please contact your local election authority and mark the box at the bottom of this form.
6. Optional—If registering by mail for the first time, please submit a copy of one of the following forms of identification: current or valid photo ID, current utility bill, bank statement, government check, paycheck or other government document that shows your name and address, birth certificate, Native American tribal document or other proof of United States citizenship. (You will be required to present identification when you vote.)

Completing this form (All information is required unless indicated as optional):

Boxes 1 and 2 -- Citizen and Age Requirements

Federal Law requires voter registration applicants to answer these two questions.

Box 3 -- Type of Application

Check appropriate box if this is a new registration or if you are changing a name or address on your current voter registration.

Box 4 -- Name

Put in this box your full name (Last, First, Middle). DO NOT use nicknames or initials. For name changes, Box 12 should contain your old name.

Box 5 -- Home Address

List your home address. DO NOT put your mailing address if it differs from your home address.

Box 6 -- Mailing Address

If you get your mail at an address other than your home address in Box 5, put that address here in this box.

Box 7 -- Driver's License Number

Required for registration unless you do not have a Driver's License. (§115.158, RSMo.) If you do not have a Driver's License, leave blank.

Box 8 -- Last Four Digits of Social Security Number

Required for registration unless you do not have a Social Security Number. (§115.155, RSMo, §115.158, RSMo.) If you do not have a Social Security Number, leave blank.

Box 9 -- Date of Birth

Place your date of birth in this box (Month, Day, Year). DO NOT USE TODAY'S DATE!

Box 10 -- Place of Birth (Optional)

List your place of birth (city/county/state).

Box 11 -- Daytime Phone Number (Optional)

Please list a number at which the election authority may contact you for clarification of information.

Box 12 -- Last Voter Registration Information

If you are currently registered, please list the name and address of your last registration including county and state.

Box 13 -- Signature

Review the information. If you meet the requirements and all is correct, sign your full name or make your mark and print today's date.

Box 14 -- Rural Voters

If you live in a rural area without a street address, please supply information which may help in placing you in the proper voting district.

YOUR APPLICATION WILL BE CONFIRMED BY MAIL WITHIN SEVEN (7) BUSINESS DAYS OF ITS RECEIPT BY THE ELECTION AUTHORITY. PLEASE CONTACT THE ELECTION AUTHORITY IF YOU DO NOT RECEIVE NOTIFICATION.

(DETACH HERE - KEEP TOP PORTION FOR YOUR RECORDS) This card is not proof of registration.



MISSOURI VOTER REGISTRATION APPLICATION

USE PEN - PLEASE PRINT CLEARLY

1 ARE YOU A CITIZEN OF THE UNITED STATES OF AMERICA? <input type="checkbox"/> YES <input type="checkbox"/> NO		2 WILL YOU BE 18 YEARS OF AGE ON OR BEFORE ELECTION DAY? <input type="checkbox"/> YES <input type="checkbox"/> NO	
If you checked no in response to either of the above questions, do not complete this form.			
3 <input type="checkbox"/> NEW REGISTRATION <input type="checkbox"/> ADDRESS CHANGE <input type="checkbox"/> NAME CHANGE		FOR OFFICE USE ONLY REGISTRATION NO.	
4 LAST NAME	FIRST NAME	MIDDLE NAME	SUFFIX (JR, II, ETC.) <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
5 ADDRESS WHERE YOU LIVE (HOUSE NO., STREET, APT. NO. OR RURAL ROUTE AND BOX - NO PO BOXES)		CITY	COUNTY ZIP CODE
6 ADDRESS WHERE YOU GET YOUR MAIL (REQUIRED IF DIFFERENT FROM #5 ABOVE)		CITY	STATE ZIP CODE
7 DRIVER'S LICENSE NUMBER IF YOU DO NOT HAVE A DRIVER'S LICENSE, PLEASE LEAVE BLANK.	8 LAST 4 DIGITS OF SOCIAL SECURITY NUMBER* IF YOU DO NOT HAVE A SOCIAL SECURITY NUMBER, PLEASE LEAVE BLANK.		
9 DATE OF BIRTH (MM/DD/YYYY)	10 PLACE OF BIRTH (OPTIONAL)	11 DAYTIME PHONE NO. (OPTIONAL)	
12 NAME AND ADDRESS ON LAST VOTER REGISTRATION NAME _____ ADDRESS _____ CITY _____ STATE _____ COUNTY _____ If currently registered in another state or county please complete this box.		13 I hereby certify that I am a citizen of the United States and a resident of the state of Missouri. I am at least seventeen and one half years of age. I have not been adjudged incapacitated by any court of law. If I have been convicted of a felony or a misdemeanor connected with the right of suffrage, I have had the voting disabilities resulting from such conviction removed pursuant to law. I swear under penalty of perjury that all statements made on this card are true to the best of my knowledge and belief. I understand that if I register to vote knowing that I am not legally entitled to register, I am committing a class one election offense and may be punished by imprisonment of not more than five years or by a fine of between two thousand five hundred dollars and ten thousand dollars or by both such imprisonment and fine. Date _____ Signature _____	
14 RURAL VOTERS: COMPLETE THIS SECTION IF YOU LIVE OUTSIDE THE CITY LIMITS OF ANY CITY. I live _____ miles _____ (N S E or W) of _____ (landmark or junction). Section, Township and range _____. My neighbors are _____.			
<input type="checkbox"/> Check here if you are interested in working as an Election Judge Warning: Conviction for making a false statement may result in imprisonment for up to five years and/or a fine up to \$10,000.			

Place
Postage
Here

FOLD HERE

Mailing Instructions

1. Sign the form.
2. Fold this sheet with address showing.
3. Fold and insert completed voter application.
4. Tape edges.
5. Apply postage.
6. Mail.

T
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T
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Have you signed the form?

T A P E

Houston Lake Holistic Life

Welcome Neighbors !!!!

Are you ready for me to assist you in your wellness goals

My studio includes:

Pilates Modified Equipment

Four types of Cardio Training

Qi Gong and Flow of Qi Sessions

Strength, Flexibility and Balance

Training

“Towards a more Plant Bases Diet”

Classes

Free consultations by appointment

Discounts for Houston Lake residents

VibraPro

Make an appointment for a free 15 minute session

Excellent for arthritis, edema, reactivating injured nerves and weak muscles

Breathe Easier

Install a Carbon Monoxide Monitor
Check the vents for water heater and heating system.

Symptoms of Exposure/poisoning:

Headache, Dizziness, Nausea,

Flu-like symptoms, Fatigue,

Shortness of breath on exertion,

Impaired judgment, Chest pain,

Confusion, Depression, Hallucinations,

Agitation, Vomiting, Abdominal pain,

Visual Changes. Fainting, Seizure,

Memory problems, Walking problems.

Essential fatty acids your body needs these to form the metabolic hormones that regulate your bodily functions

High in fiber, protein, and calcium

It's also high in B vitamins, iron, phosphorous, zinc, and magnesium.

A new flavor for every day of the week!

Try some of the flavor variations below, or have fun coming up with your own. You can make chia seed pudding with almond milk, coconut milk, oat milk, yogurt, cashew cream, or even other liquids such as orange juice or coconut water.

Chia Pudding

1 cup milk of choice or cashew cream

1/4 cup chia seeds

1/4 tsp pure vanilla extract

sweetener of choice, as desired

scant 1/8 tsp salt

Layer with cocoa or peanut butter or fresh fruits or granola

Sweetener amount will depend on the type of milk and sweetener you use, as well as your tastes. Options include maple syrup, stevia, sugar, coconut sugar, date paste, etc.

Chia Pudding Recipe: Whisk all ingredients in a container. If desired, you can blend everything together now, which will result in a smoother consistency the next day, but I actually love the taste and fun texture of leaving the seeds whole, so it's up to you. Cover, shake, then refrigerate overnight. The next day, it will be nice and thick. The pudding will keep 4-5 days refrigerated, so feel free to make a larger batch and portion into individual containers. I've included some flavor ideas earlier in this post, or have fun dreaming up your own



Gwyneth Jones. HHP
913-424-0604
Happy Healthy Holidays



The Works by Marlene

816-587-1550

by appointment only

*Specializing in Hair Color!
Change it, Fix it, Cover the Grey!
Maybe some Highlights or Lowlights...
Or possibly a shade or two of Red!
Great Styles and Color Techniques for Men...
Mustache & Beard color!*

*Hair Cuts & Blow Dries
Wash and Wear styles that are fast and easy...
Many types of Perms to fit Your needs!*

Brow Shaping, Waxing, Paraffin for Dry Skin.

Convenient hours to fit your busy schedule!

*However you celebrate the Holidays,
I wish You the Very Best.*



*Happy Holidays,
Marlene*