

November 2019 Edition

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# HOUSTON LAKER

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*Betty Deha Fuentes*

# Houston Laker

November 2019

**Nov. 2<sup>nd</sup>** - HOA Work Day -meet at City Hall 9am. We are restoring the fence to its original location at 5412 NW Venetian Dr.



**Sunday Nov. 3<sup>rd</sup>**, at **2:00am**. Daylight Savings Time Ends. Move Your Clocks Back One Hour.

**Nov. 11<sup>th</sup>** - City Council Meeting, 7:30pm City Hall

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## Homes Association Dues:

The Homes Association dues statements will be mailed Jan. 30, 2020. Annual dues are \$425.00, and they will become delinquent March 1, 2020. Past due amounts are charged a 10% penalty each year. Payments can be mailed to City Hall or delivered to City Hall. If mailed please mail it to Venetian Gardens Homes Association, 5417 NW Adrian, Houston Lake, Mo. 64151. If delivered, please put your payment in the HOA mailbox on the front porch of city hall.

If you have any questions call Secretary/Treasurer Susan Hodges 816.786.2377 or email her at

[hodges.susan@outlook.com](mailto:hodges.susan@outlook.com), Thank you

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There will be **NO** Venetian Gardens Homes Association meetings in November, December, January & February.

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Community Calendar Event News

**Nov. 12<sup>th</sup>** - Recycling Day

**Nov. 26<sup>th</sup>** - Trash pickup

**Nov. 28<sup>th</sup>** -



**Dec. 5<sup>th</sup>** - Carols, Cookies & Cocoa with Santa, 7pm City Hall

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## 2019 Holiday Trash Pick-up Day

Thanksgiving (Thursday 11-28-19)  
pick up is Tuesday 11-26-19

Christmas (Wednesday 12-25-19)  
pick up is Tuesday 12-24-19

New Years (Wednesday 1-1-20)  
pick up is Tuesday 12-31-19

## 2019 Recycle Schedule:

November 12<sup>th</sup> & December 10<sup>th</sup>, 2019

Trash is picked up every Tuesday & Your recycling day will also be on Tuesday once a month.

Trash carts must be curbside by 7:00 am the day of pick up. Be respectful and remove your cart from curbside when finished. Items must be inside the cart (**Not on the ground, not on top – INSIDE**). If you need an extra cart for trash or recycle, please call City Hall and leave a message with your name, address and phone number. City Hall: 816.741.0644.

**CITY OFFICIALS**  
**CITY OF HOUSTON LAKE**

Mayor = Pam Freese 816-726-4455  
([mayor@houstonlake.net](mailto:mayor@houstonlake.net))

City Clerk = Megan Micek 816-741-0644  
([cityclerk@houstonlake.net](mailto:cityclerk@houstonlake.net))

Sewer Grinder Pumps  
Megan Micek 816-663-0894

City Collector = Jean Anderson  
([taxcollector@houstonlake.net](mailto:taxcollector@houstonlake.net))

Alderman (Ward 1 No.), Mayor Pro-Tem  
Chuck Stone 816-305-3196  
([nw2-alderman@houstonlake.net](mailto:nw2-alderman@houstonlake.net))

Alderman (Ward 1 No.)  
Phil Otte 816-741-5477  
([nw1-alderman@houstonlake.net](mailto:nw1-alderman@houstonlake.net))

Alderwoman (Ward 2 So.)  
Sarah Farcase  
([sw1-alderman@houstonlake.net](mailto:sw1-alderman@houstonlake.net))

Alderman (Ward 2 So.)  
Nick Jackalone 816-587-0028  
([sw2-alderman@houstonlake.net](mailto:sw2-alderman@houstonlake.net))

Codes Enforcement Officer  
Cathy Grove 913-701-7142  
([codesenforcement@houstonlake.net](mailto:codesenforcement@houstonlake.net))

Platte County Circuit Court Clerk  
Kim Johnson = 816-858-2232

Platte County Sheriff  
Non emergency 816-858-3521  
For emergencies please call 911  
Fire Dept. Dispatcher = 816-741-1191  
Fire Dept. Admin. = 816-372-9024

City of Houston Lake City Hall = 816-741-0644

**VENETIAN GARDENS**  
**HOMES ASSOCIATION (HOA)**

President = Kerry Hallowell  
816-695-4100

Vice President = Jeffrey Lister  
573-645-7393

Public Relations Officer = Jeffrey Lister  
([hoacommunications@houstonlake.net](mailto:hoacommunications@houstonlake.net))

Secretary /Treasurer/ Lake Tags = Susan Hodges  
816-786-2377 ([hodges.susan@outlook.com](mailto:hodges.susan@outlook.com))

Board Member = Mary Head  
816-741-5639 ([maryjewel40@gmail.com](mailto:maryjewel40@gmail.com))

Board Member = Teresa Olson  
([teresaaolson@hotmail.com](mailto:teresaaolson@hotmail.com))

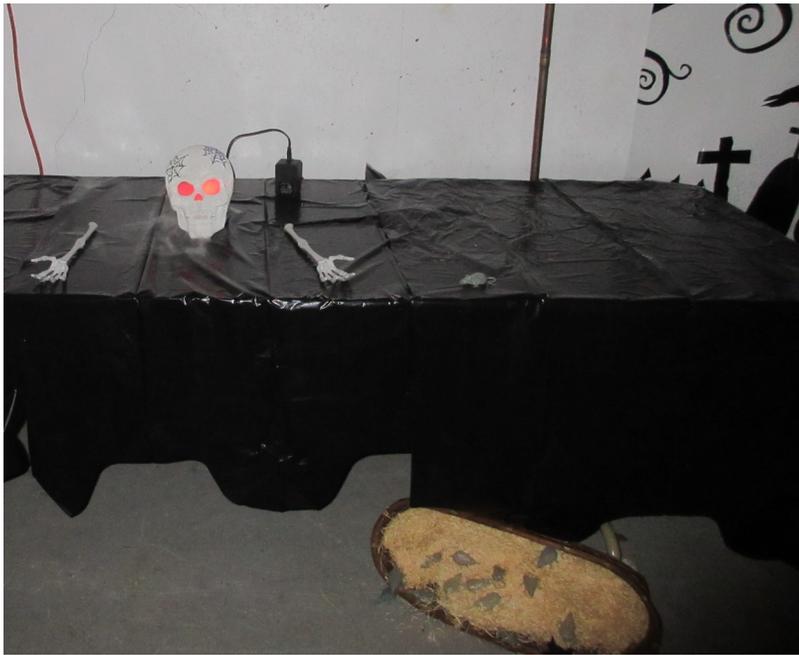
Registrar/Editor - Houston Laker = Mary Head  
816-741-5639 ([editor@houstonlake.net](mailto:editor@houstonlake.net))

Water Quality Officer = Sharron DeLaFuentes

Dam/Watershed Officer

Aerator Maintenanac

For more City and Homes Association Info  
go to [www.houstonlake.net](http://www.houstonlake.net)



### The HL Pumpkin Festival of 2019

The Scary Scavenger Hunt was slightly spooky, but very fun. All the kids 12 and under participated by searching for the ingredients the Witch and her Apprentice need to cast a spell for a Happy Halloween. The list included bats and rats and snakes and mummies!





Okay, some of these kids look like they might not be twelve anymore, but that may be just a disguise. You never can tell around Halloween.

The Witch (Kelley Jones) was exact about how the spell should be cast and her Apprentice (Zoah Gay) was busy making sure the hunters knew what to collect.



It's pretty fascinating to watch a witch's cauldron bubble and boil! Must be the Eye of Newt ...



A few choice magic words, an incantation to bring the spirit of the season, and—poof!—some strange masked man shows up! He brought a Jack-o-Lantern, so we let him in. (Betty vouched for him.)

A Happy Halloween is on its way!

After the Witch had everything she needed, the hunters could relax and enjoy a wonderful feast and tell the tales of their adventures!



## Art, Life & Folks: Houston Lake Arts Circle

### Exhibit their art at The Wellness Wheel



L to R - Jean Anderson, Evonne Briones, Shelly Broll and Kathryn Kreider. Linda Kramer was out of town for the photo

The Wellness Wheel invited our Arts Circle to be October's featured artists. A supporter of art, the Wellness Wheel provides their walls as exhibit space to artists to help showcase their art. The Wellness Wheel also hosts a Third Friday Artistry event for the artists with music, food and vendors. Jay Kennel played classical guitar for the event. Jay lives in Houston Lake and teaches guitar at Bentley Guitar Studios in Parkville.

The Wellness Wheel, 5742 N Broadway Avenue, is a cooperative of individual wellness practitioners and small businesses.

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### Artists and their Art in the Exhibit

**Jean Anderson:** is the resident artist at The Wellness Wheel. She works in several mediums but her current favorite is pastels. She also enjoys linoleum block printing, watercolor, and pen & ink. All but one of her pieces in the exhibit are pastels, the other is a watercolor. She likes to paint moments and memories of the western shore of Lake Superior where she's from as well as places she finds interesting locally.

**Evonne Briones:** Her curiosity, creativity, and resourcefulness inspire her to create a variety of objects ranging from masks, headpieces, furniture, gardens yard art, paintings, and photographs. In this exhibit she offers a series she calls *Exploring Color with My Kids*. Thirteen small paintings she created with her two young sons between 2017 and 2019 that explore the world of color and paint.

**Shelly Broll:** Is an introspective and spiritual artist. For her, art is a process of creativity and expression; it allows her to find peace and love while reflecting on feelings of love and compassion for others. This brings her the greatest joy. She finds inspiration in "circles" which she uses as foundation for much of her art. She strives to re / use materials that are already available and to spend little to no money to create her art hoping to help the environment while making something beautiful.

**Linda Kramer:** Is an artist and art therapist in private practice. She creates art for herself and as an art therapist is honored when asked to guide others to create from within. She quotes "I don't clearly understand what I am thinking (and feeling) until I see what I have drawn." ~ Author Unknown

**Kathryn Kreider:** Her subject matter is personal, the animals and creatures in her house, her lake, and her backyard. She exhibits several pieces of textile art made with thread on the petit point scale. She achieves a pointillism like painting with the added warmth of fiber "it's all about color and texture". She also includes two pieces painted with tissue paper. Tissue paper she says enables a spontaneous response much like sketching, to capture ideas to later work in thread.

# Creamy Pumpkin Pasta Sauce

yield: 2 TO 3 SERVINGS (SEE NOTES) prep time:10 MINS cook time:20 MINS total time:30 MINS

*Creamy Pumpkin Pasta Sauce. Made with pumpkin, cream cheese, and sage, this easy recipe tastes similar to Alfredo but is healthy and ready in 20 minutes!*

## Ingredients

8 ounces whole wheat fettuccini — *or any other long, thin noodle, such as linguine or spaghetti*

1 tablespoon unsalted butter

1/2 cup all-purpose flour

2 cloves garlic — *minced*

2 cups nonfat milk

1 cup pumpkin puree — *not pumpkin pie filling*

3 ounces reduced-fat cream cheese — *cut into chunks and at room temperature (do not use fat free)*

1 tablespoon chopped fresh sage leaves — *divided*

1/2 teaspoon kosher salt

1/4 teaspoon black pepper

1/8 teaspoon ground cinnamon

1/8 teaspoon ground nutmeg

Pinch ground cayenne pepper

1/2 cup grated Parmesan cheese — *for serving*

## Instructions

1. Bring a large pot of salted water to a boil and cook the pasta to al dente, according to package instructions. Reserve 1 cup of the pasta water, drain pasta, and set aside.
2. Melt the butter in a large saucepan over medium heat. Once hot and sizzling, add the flour, then whisk constantly until it turns a golden color and smells nutty. Add the garlic and cook for 30 seconds. Slowly pour in the milk a few splashes at a time, whisking constantly to smooth any clumps. Increase the heat to medium high, then let cook, stirring constantly, until the sauce bubbles and thickens, about 8 to 10 minutes. Remove the pan from the heat, then stir in the pumpkin, cream cheese, half of the chopped sage leaves, salt, pepper, cinnamon, nutmeg, and cayenne. Continue whisking until the cream cheese melts and you have a smooth, rich sauce. Taste and add additional salt and pepper as desired.
3. Add the cooked pasta to the pan and gently toss to combine. Thin the pasta with a bit of the reserved pasta water as needed if it seems too thick or sticky. Serve immediately, topped with Parmesan and the remaining sage.

## **Pumpkin Apple Streusel Muffins**

**Debbie Wilson**

### **Muffins:**

2 ½ C. all purpose flour  
2 C. granulated sugar  
1 T. pumpkin pie spice  
1 tsp. Baking soda  
½ tsp, Salt  
2 Eggs, lightly beaten  
1 C. 100% solid pack pumpkin  
½ C. Canola Oil  
2 C. peeled and finely chopped apples

In a large bowl, combine the 2 ½ cups flour, 2 cups sugar, pumpkin pie spice, baking soda and salt. In a medium bowl, combine the eggs, pumpkin and oil.

Add the liquid ingredients to the dry ingredients and stir until just moistened. Fold in apples.

### **Streusel topping:**

2 T. flour  
¼ C. granulated sugar  
½ tsp. Ground cinnamon  
2 T. butter

In a small bowl, combine the flour, sugar and cinnamon. Cut in the butter until the mixture is crumbly.

Spoon muffin batter into lightly greased (or paper lined) muffin cups. (or you can bake it in a 9 x 9" pan), filling muffin cups ¾ full. Will make about 18 muffins. Sprinkle streusel over the filled muffins.

Bake muffins at 350 for about 20 minutes, or until toothpick inserted in the center comes clean. (square cake will take 30-40 minutes)

Venetian Gardens Homes Association  
Meeting  
Minutes  
October 16, 2019

**Call to order:** Kerry Hallowell called the meeting to order at 7:00 p.m. at City Hall.

**Roll Call:** Mary Head

Present: Kerry Hallowell, President, Jeff Lister, Vice President, Susan Hodges, Secretary/Treasurer  
Mary Head, Board Member, Teresa Olson, Board Member

**Approval of Minutes:**

The minutes of the September 11, 2019 meeting were approved as submitted.

**Treasurers report:**

Susan Hodges provided the members with current financial statements and cash balances.

**Meeting:**

Kerry gave an overview of the HOA accomplishments this last year. The major one was the dredge project. There were many meetings to plan and monitor the work. The Board appreciates everyone's support. Critchfield did an excellent job and really went the extra mile for us. Dead trees were removed from the swim beach and there were trees removed from the Mayor's Park due to storm damage. Volunteers helped clean up the beach a couple of times. The lights at the beach and the Mayor's Park were removed and replaced with LED lights. Jeff is now a member of the Watershed Committee. They are working hard on trying to get something moving on Platte County and the school and them dumping everything into our lake. Jeff had no current update as it is very much a work in progress.

Plans for the future may include putting sand at the beach if we can find a way to keep the geese from the beach. But another consideration is, do we want to spend money now with the mess the geese make? Currently the Board is wanting to save as much as possible so we can move on to Phase 2 of the dredge project so that we can get the rest of the lake to look like the cove does now. The cove is now 7 to 10 feet deep in the center and before the silt was showing.

Kerry recognized several people who are always there to help the members and the Board. Jess and Brendan, Chuck Stone and Laura and Al Horine.

Sue Hodges let the members know that the recent HOA audit found the books and records to be materially correct. She thanked the audit volunteers, Deitri Ellis, Jean Harris and Lori Scarborough for doing the audit.

Jeff then gave a presentation of the dredge project showing before and after pictures of the cove. Also shown were some pictures of the dredging in process. Jeff said there will be a Community Workday on Saturday November 2<sup>nd</sup> at 9 am to restore a fence that was removed for the dredge project.

Kerry let the members know that the new rock around the cove came from all the random piles of rock around the lake. Critchfield moved all the rock and placed them on the bank for no extra charge. He also did all the grading and seeding that the HOA was going to have to pay out of pocket at no charge.

Scott Critchfield added a small silt basin on the other side of the A frame house. The basin has steel pipes with hog wire to keep the trash from coming into the lake and there is easy access to the basin to keep it cleaned out. The basin is like an insurance policy to protect the money that had just been spent. The funds for this work came from a member donation.

The Board is looking into ways to bring more funds in to the HOA. Kerry plans to work on storm water grants so we can move forward. The Board is open to new ideas to bring money in. Member donations are always welcome.

Jeff presented the 2020 budget and 5-year plan. Sue explained the ballot and voting process.

The votes were counted by three judges, Sharron DeLaFuente, Kay Honeycutt and Sarah Schofield.

The voting results were:

Sue Hodges and Teresa Olson remain in their current board positions. Vote results were 29 for each. Kerry Hallowell remains as president. There were 21 votes for Kerry, 6 votes for Jeff, 1 vote for Mary and 1 vote for Teresa. Jeff Lister remains as Vice President. There were 21 votes for Jeff, 4 votes for Mary, 2 votes for Kerry and 1 vote for Teresa.

The members voted to increase the dues to \$425. for 2020. Of the total votes cast, 21 members voted for \$425., 6 members voted for \$400. and 4 members voted for \$50.

The 2020 budget was approved with 27 yes votes and 1 no vote.

The next meeting is scheduled for March 2020. The day and time will be published in the Houston Laker and will be posted on the Facebook page and Nextdoor.

The meeting adjourned at 8:15 p.m.

Minutes submitted by: Susan Hodges, Secretary

## Venetian Gardens Homes Association

10/20/19

## Balance Sheet

Accrual Basis

As of September 30, 2019

	<u>Sep 30, 19</u>
<b>ASSETS</b>	
<b>Current Assets</b>	
<b>Checking/Savings</b>	
Bank of the West	2,927.02
Bank of the West Money Market	12,150.16
Community America Credit Unon	78,200.67
<b>Total Checking/Savings</b>	<u>93,277.85</u>
<b>Accounts Receivable</b>	
Member dues owed	27,893.88
<b>Total Accounts Receivable</b>	<u>27,893.88</u>
<b>Total Current Assets</b>	<u>121,171.73</u>
<b>TOTAL ASSETS</b>	<u><b>121,171.73</b></u>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
Accounts Payable	
Accounts Payable	60,633.32
<b>Total Accounts Payable</b>	<u>60,633.32</u>
<b>Total Current Liabilities</b>	<u>60,633.32</u>
<b>Total Liabilities</b>	60,633.32
<b>Equity</b>	
Retained Earnings	194,246.25
Net Income	-133,707.84
<b>Total Equity</b>	<u>60,538.41</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<u><b>121,171.73</b></u>

## Venetian Gardens Homes Association

## Profit &amp; Loss

10/20/19

October 2018 through September 2019

Accrual Basis

	<u>Oct '18 - Sep 19</u>
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
Interest income	1,825.94
Member Dues	49,600.00
Miscellaneous income	50.00
<b>Total Income</b>	<u>51,475.94</u>
<b>Expense</b>	
Accounting services	150.00
Appreciation gifts	100.00
Beach repair & maintenance	1,400.00
Income taxes	454.00
Insurance Expense	2,202.00
Lake maintenance	200.00
Lake project 2019	177,700.00
Maintenance and repairs	680.51
Miscellaneous Expense	167.24
Mowing Service	1,751.43
Office Supplies	629.23
Porta Potty	347.54
Postage	361.60
Unforseen event	700.00
Utilities	1,333.05
Water testing	188.00
<b>Total Expense</b>	<u>188,364.60</u>
<b>Net Ordinary Income</b>	-136,888.66
<b>Other Income/Expense</b>	
<b>Other Income</b>	
Late charges	3,180.82
<b>Total Other Income</b>	<u>3,180.82</u>
<b>Net Other Income</b>	<u>3,180.82</u>
<b>Net Income</b>	<u><u>-133,707.84</u></u>

Venetian Gardens Homes Association  
2019 - 2020  
Budget

Estimated Dues Payment	<u>44000</u>
Office general and admin	2000
Mowing	2000
Lake, grounds and beach Maintenance	15000
Legal	3000
Insurance	2360
Unforeseen event	2500
Utilities	1700
Maintenance and repair	2500
Reserve funds	12940
Total expenses and reserve	<u>44000</u>
Balance	<u><u>0</u></u>

City Council Meeting  
September 9, 2019  
City Hall – 5417 NW Adrian Houston Lake, MO 64151

The Council of the City of Houston Lake met in regular session on September 9, 2019 at 7:30pm at City Hall – 5417 NW Adrian Ave Houston Lake, MO 64151.

**Opening Session: Mayor Freese called the meeting to order at 7:30pm**

The following members were present: Alderman Nick Jackalone, Alderman Phil Otte, Alderman Chuck Stone, Mayor Pam Freese

Alderman Sarah Farsace was absent

**Public Discussion – None**

**Minutes 08.12.2019**

Motion to approve minutes with spelling edit to 08.12.2019 made by Alderman Otte, Second by Alderman Stone.

Yes: Otte, Jackalone, Stone

No: None

Motion carries.

**Building /Burning Permits –**

**SS – 5275 NW Edgewood Trl – Commercial Fire pit –**

Motion to approve burn permit made by Alderman Otte, Second by Alderman Stone

Yes: Stone, Otte, Jackalone

No: None

Motion Carries, permit is approved

**LS – 5507 NW Venetian Dr**

Motion to approve pending inspection by Alderman made by Alderman Otte, Second by Alderman Stone.

Yes: Stone, Jackalone, Otte

No: None

Motion Carries, permit is approved

**Building Permit –**

Motion to accept application for the building permit, pending payment of permit fees and bond payment. Resident will contact Inspector James Finney upon completion of project. Motion made by Alderman Stone, Alderman Otte seconds with provisions that the inspector is contact upon completion.

Yes: Otte, Stone, Jackalone

No: None

Motion passes, permit is approved pending payment of fees

City Council Meeting  
September 9, 2019  
City Hall – 5417 NW Adrian Houston Lake, MO 64151

**Note: Please submit all applications for burn permit or building permit to City Hall 10 days prior to the meeting for consideration. Those applications not received 10 days prior to a meeting will not be considered until the following months City Council Meeting. Applications can be deposited in the mailbox at the front of the building.**

### **Treasures Report**

Motion to accept treasures report for September 9, 2019 made by Alderman Jackalone, second by Alderman Otte.

Yes:Otte, Jackalone, Stone

No: None

Motion carries

### **Collectors Report**

City Collectors report is included with the official packet

County Collectors report is not included with the official packet

### **Paybills – Resolution 09.09.19**

Motion to approve Resolution 09.09.19 made by AldermanOtte, second by AldermanStone

Yes:Otte, Jackalone, Stone

Motion carries

### **Emergency Management**

**Fire Department – Assistant Fire Chief Jeff Taylor – No Report available – No incidents month of August 2019 –**

- MARC Hazardous Mitigation plan due 2020, we participated in 2015 and will need to review and update our information. Training is 9-6-19 and the city will be updating 9-20-2019. We are requesting anyone who participated in 2015 and can assist, please reach out to the City Clerk.
- Current flood disasters 4438 & 4451
- Open House 1-4pm October 12<sup>th</sup>, City of Riverside Fire Station
- City of Riverside Trunk or Treat at 7-9 on October 17<sup>th</sup> at Community Center

**Police Department – No Report available, a representative was not present.**

**Codes Report – Codes officer gave presentation; report is included in the official packet.**

**Venetian Garden Homes Association Report –Meeting Wednesday September 11<sup>th</sup> at 7pm**

### **Old Business**

We are still holding on the brush pick up

City Council Meeting  
September 9, 2019  
City Hall – 5417 NW Adrian Houston Lake, MO 64151

**New Business**

Diaper Need Awareness Week Proclamation signed by Mayor Freese – bringing awareness to the need in our community and surrounding communities. September 23-29<sup>th</sup> is Diaper Need Awareness week.

**Alderman Reports**

**Alderman Jackalone – No Report**

**Alderman Farsace – No Report**

**Alderman Otte** – Al Horraine is sick, but they are working on the mower. Will be looking into the grinder pump and sewer line connections.

Searching for NIMS and FEMA ordinances in the books.

Looking into Grinder Pumps Ordinances

**Alderman Stone** – Followed up on Alderman Farsace request to make repairs to bridge for bicyclist. He has determined the sizes needed – some are 22' and we need a way to transport them to the bridge. They will need to be bolted down, those cost \$25 a piece, \$250 for 10 bolts to be purchased for the immediate repairs.

**Mayors Report**

**Lake clean up** date, would like to schedule that for October or November. Alderman Stone will work to get a date prior to October or November.

**Pumpkin Fest** – Would like to ask the board for a burn permit for one evening for our Pumpkin Festival

Alderman Otte motioned to grant a one night burn permit for the Pumpkin Festival October 10<sup>th</sup>, 2019. Alderman Stone second.

Yes: Stone, Jackalone, Otte

No: None

Motion to approve burn permit approved

**Gun Safety** – Interested in providing information from a non-profit about gun safety and providing free gun locks to our residents. Will look into a table or presentation at the Pumpkin Fest.

**Adjournment -**

Alderman Jackalone motioned to adjourn the meeting. Alderman Stone second.

Yes: Jackalone, Otte, Stone.

Motion Carries.

**Meeting adjourned at 8:30pm by Mayor Freese.**

**Next Meeting will be held Monday October 14, 2019 at 7:30pm**

ANIMAL REGULATIONS

**Section 205.020. Vaccination.**

The owner or keeper of any dog or cat in the City of Houston Lake is hereby required to have such animals vaccinated against rabies by a licensed veterinarian and to procure a certificate of such vaccination from the veterinarian and to present such certificate to the City Clerk on or before May first (1st) of each year; and the City Clerk shall register such certificate, which registration shall remain in force until the April thirtieth (30th) next following said registration. It shall be unlawful for the owner or keeper of any dog or cat to permit such animal to remain in the City of Houston Lake unless vaccinated as above provided.

**Section 205.030. Running at Large Prohibited — Impoundment.**

It shall be unlawful for the owner or keeper of any dog or cat to permit the same to run at large within the City of Houston Lake at any time. Any dog or cat found without the registration provided in Section 205.020, and any dog or cat found running at large, shall be impounded.

**Section 205.040. Vicious Dogs Prohibited — Exceptions.**

A. It shall be unlawful to own, keep or harbor a vicious dog in the City of Houston Lake except in accordance with the following provisions:

1. *Leash and muzzle.* No person shall permit a vicious dog to go outside its kennel or pen unless such dog is securely leashed with a leash no longer than four (4) feet in length. No person shall permit a vicious dog to be kept on a chain, rope or other type of leash outside its kennel or pen unless a person is in physical control of the leash. Such dogs may not be leashed to inanimate objects such as trees, posts or buildings. In addition, all vicious dogs on a leash outside its kennel or pen must be muzzled by a muzzling device sufficient to prevent such dog from biting persons or other animals.
2. *Confinement.* All vicious dogs shall be securely confined indoors or in a securely enclosed and locked pen or kennel, except when leashed and muzzled as above provided. Such pen, kennel or structure must have secure sides and a secure top attached to the sides. All structures used to confine vicious dogs must be locked with a key or combination lock when such dogs are within the structure. Said structure must have a secure bottom or floor attached to the sides of the pen or the sides of the pen must be imbedded in the ground no less than two (2) feet. Also, such structures must be adequately lighted and ventilated and kept in a clean and sanitary condition.
3. *Confinement indoors.* No vicious dog may be kept on a porch, patio or any part of a house or structure that would allow the dog to exit such building on its own volition. In addition, no such animal may be kept in a house or structure when the windows are open or when screen windows or screen doors are the only obstacle preventing the dog from exiting the structure.
4. *Signs.* All owners, keepers or harborers of vicious dogs within the City shall display in a prominent place on their premises a sign easily readable by the public using the words "*Beware of Dog*". In addition, a similar sign is required to be posted on the kennel or pen of such dog.

**"If you see dogs wandering around, please contact Platte County Sheriff non emergency line at 816-858-3521."**

# Houston Lake Holistic Life

*Welcome Neighbors !!!!*

*Are you ready for me to assist you in your wellness goals?*

*My studio includes:*

*Pilates Modified Equipment*

*Four types of Cardio Training*

*Qi Gong and Flow of Qi Sessions*

*Strength, Flexibility and Balance*

*Training*

*"Towards a more Plant Bases Diet"*

*Classes*

*Free consultations by appointment*

*Discounts for Houston Lake residents*

*VibraPro*

*Make an appointment for a free 15 minute session*

*Excellent for arthritis, edema, reactivating injured nerves and weak muscles*

## *Breathe Easy*

*Change your air filters often.*

*I do every month!*

*Use a humidifier*

*Keep your sinuses clean and moist with Saline spray, neti pot or HylaMist*

## *Foods to Oxygenate your body*

*Alkaline/Aerobic foods*

*Almonds, Brazil nuts, dark leafy greens, lentils, dry beans, peas Lemons*

*Make green smoothies using almond milk. Drink filtered water with lemon.*

## *Acid /anaerobic foods*

*Sugar, caffeine, alcohol, refined carbohydrates, animal protein and dairy*



*Gwyneth Jones. HHP*

*913-424-0609*

*Happy Healthy Holidays*



## *The Works by Marlene*

**816.587.1550**

*by appointment only*

*I have enjoyed meeting neighbors around the lake and  
Look forward to meeting You!*

*I have been in business over 35 years!  
I have a full service beauty salon right in our very own  
Neighborhood and offer a variety of services.*

*Hair Cuts, Perms, Hair Color, Highlights, Lowlights,  
Waxing, Paraffin for Dry Skin.*

*Consultations are always free!*

*The holidays are upon us. It's hard to believe it's that time  
of year already! I hope in your busy weeks ahead,  
you can take the time to enjoy the precious moments of  
each day. I wish you peace and happy holidays!*



*Best wishes!  
Marlene*